



# INTERNATIONAL TRIATHLON UNION ATHLETE PROFILE 2009



## RICARDA LISK (GER)

**Nickname:** "Ricki"  
**Nationality:** German  
**Date of Birth:** 1 February 1981  
**Place of Birth:** Schorndorf, Germany  
**Residence:** Waiblingen, Germany



**Height:** 5'8" (1.73m)  
**Weight:** 117 lbs (53kg)



**2008 Year-End  
Ranking:** 17

**Current Coach:** Lubos Bilek  
**Current training location:** Freiburg, Germany

### First Triathlon and reason:

As a kid I was in the swim and track & field squad. When my brother Timo started to do triathlons I tried it as well and it was fun from the beginning. I did my first triathlon at 13 and decided to train professionally after school in 2000.

**Proudest Moment:** 5th place at the 2007 Hamburg BG Triathlon World Championships and qualifying for the Olympic Games in Beijing

**Personal Best:** Swim (1500m) - N/A      Bike (40km) - N/A      Run (10km) - N/A

**Sponsors:** Carl Stahl GmbH Sussen, Asics

### PERSONAL

**Profession:** Triathlete      **Marital Status:** single  
**Education:** Studying business economy  
**Language(s):** German, English, French, Spanish      **Sibling(s):** one brother  
**Website:** [www.ricarda-lisk.de](http://www.ricarda-lisk.de)

## **CAREER**

### **Ranking History:**

2008 - 17th    2007 - 18th    2006 - 14th    2005 - 86th    2004 - 70th    2003 - 88th    2002 - 70th  
2001 - 123rd

*Rankings unavailable prior to 2000*

### **World Cup Highlights:**

2008 Hamburg World Cup winner (Hamburg, GER)

10 World Cup top ten finishes

### **World Championship Highlights:**

2007 Triathlon World Championships - 5th Place (Hamburg, GER)

2003 Triathlon Under23 World Championships - 10th Place (Queenstown, NZL)

2001 Triathlon Junior World Championships - 4th Place (Edmonton, CAN)

### **Olympics:**

2008 Olympic Games - 15th Place (Beijing, CHN)

### **Other:**

2007 Triathlon European Championships - 5th Place (Copenhagen, DEN)

2007 Langebaan African Cup Winner (Langebaan, RSA)

2006 German National Champion

2006 Eilat Premium European Cup Winner (Eilat, ISR)

2001 Triathlon Junior European Championships - Bronze Medallist (Carlsbad, CZE)